

JAL Dance Timetable 2025

Effective 03/02/2025

R1

| Day | Monday | | | | | | | | | | Day | | |
|-----------|--------|----------------------------|-------------------------|-----------------------------|-----------------------------------|----------------------------|-------------------------------|------------------------------------|------------------------------|-------------------------------|------------------------|--|----|
| | S1 | S2 | S3 | S4 | S1 | S2 | S3 | S4 | S1 | S2 | | | |
| Monday | S1 | | | | Eist 10 4:00-5:30 | | | Eist 08 5:30-6:45 | | Jazz9 7:00-7:45 | Eist 15 7:45-9:15 | | S1 |
| | S2 | | AcroT/PJ 3:30-4:00 | Tinies 4:00-4:45 | Eist6 4:45-5:30 | | Eist 12 5:30-7:30 | | | | | | S2 |
| | S3 | | | Prejunior 3:45-4:45 | Ballet Adv1/2 4:45-5:30 | Tap9 5:30-6:15 | Cont9 6:15-7:00 | 15 Open Jazz 7:00-7:45 | | | | | S3 |
| | S4 | | | | | | | | | | | | S4 |
| Tuesday | S1 | Dance with me 9:00-9:30 | Preschool 9:30-10:15 | | Ballet1 3:45-4:30 | Tap1 4:30-5:15 | Tap4 5:15-6:00 | Tap3 6:00-6:45 | Tap8 6:45-7:30 | BalletInt 7:30-8:30 | PointeInt 8:30-9:00 | | S1 |
| | S2 | | | | Hiphop3/4 3:45-4:30 | Ballet 2 4:30-5:15 | Cont1/2 5:15-6:00 | Str/Conditioning 6:00-6:45 | | Ballet AdvF 7:30-8:30 | | | S2 |
| | S3 | | | | Jazz2 3:45-4:30 | Mus3/4 4:30-5:15 | Ballet 3 5:15-6:00 | Ballet4 6:00-6:45 | Jazz7 6:45-7:30 | Str/Conditioning 7:30-8:15 | | | S3 |
| | S4 | | | | | | Sing/Musical 7/8 5:15-6:00 | Acro1/2 6:00-6:45 | | | | | S4 |
| Wednesday | S1 | Linedancing | | | TapJunior 3:45-4:30 | Jazz3 4:30-5:15 | Acro3/4 5:15-6:00 | JazzOpen 6:00-6:45 | ContOpen 6:45-7:30 | HipHopOpen 7:30-8:15 | Eist Open 8:15-9:30 | | S1 |
| | S2 | | | | Jazz4 3:45-4:30 | Ballet 4 4:30-5:15 | BalletPrimary 5:15-6:00 | Cont3/4 6:00-6:45 | | | | | S2 |
| | S3 | | | | Ballet3 3:45-4:30 | HiphopJnr 4:30-5:15 | | Musical J 6:00-6:45 | | | | | S3 |
| | S4 | | | | Boys HipHop 3:45-4:30 | Boys Tap 4:30-5:15 | Singing 7/8/9/OP 5:15-6:00 | | | | | | S4 |
| Thursday | S1 | | | Prejunior 3:30-4:30 | Acro5/7/8/9 4:30-5:15 | Ballet5 5:15-6:00 | Tap 5 6:00-6:45 | Open Tap 6:45-7:30 | Ballet AdvF 7:30-8:30 | PointeAdvF 8:30-9:00 | | | S1 |
| | S2 | | | | Tinies 3:45-4:30 | Junior Acro 4:30-5:15 | Jazz Junior 5:15-6:00 | Hiphop7/ 8/9 6:00-6:45 | Jazz8 6:45-7:30 | | | | S2 |
| | S3 | | | | Ballet Primary 3:45-4:30 | BalletIntF 4:30-5:15 | Cont7/8 5:15-6:00 | Jazz 6 6:00-6:45 | Tap7 6:45-7:30 | BalletInt 7:30-8:30 | | | S3 |
| | S4 | | | | | | Acro6/Stretch 5:15-6:00 | | Sing/Musical5/6 6:45-7:30 | | | | S4 |
| Friday | S1 | Dance with me 9:00-9:30 | Preschool 9:30-10:15 | | Preschool 3:45-4:30 | Jazz 1 4:30-5:15 | Tap 2 5:15-6:00 | Ballet5 6:00-6:45 | BalletIntF 6:45-7:45 | PointeIntF 7:45-8:15 | | | S1 |
| | S2 | | | | | Ballet 2 4:30-5:15 | Ballet1 5:15-6:00 | Musical1/2 6:00-6:45 | | | | | S2 |
| | S3 | | | | Hiphop1/2 3:45-4:30 | Hiphop 5/6 4:30-5:15 | Cont5/6 5:15-6:00 | Tap6 6:00-6:45 | Jazz5 6:45-7:30 | | | | S3 |
| Saturday | S1 | | Ballet Xtn 8:30-9:30 | Adv1/2 Ballet 9:30-10:30 | Extension Eist15/OP 10:30-1:30 | | | | | | | | S1 |
| | S2 | | | Ballet Xtn 9:30-10:15 | | | | | | | | | S2 |
| | S3 | Dance with me 8:00-8:30 | Preschool 8:30-9:15 | Tinies 9:15-10:00 | AcroT/PJ 10:00-10:30 | SingingT/PJ 10:30-11:00 | | Extension Eist 10/12 12:00-3:00 | | | | | S3 |
| | S4 | | | Prejunior 9:00 to 10:00 | | | | | | | | | S4 |

| School grade guide Use colours for dancing level | | |
|---|---------|-----------|
| Not at school (preschool) | | |
| Prep (tinies) | | |
| GR1 (prejunior) | | |
| GR2 | GR3 | GR4 |
| GR5 | GR6 | YR7 |
| YR8 | YR9 | YR10 |
| YR11 | YR12/OP | Boys only |