

# JAL Dance Timetable 2025

Effective 12/02/2025

R2

| Day        | S1            |            |                |                      | S2                  |                  |              |             | S3         |           |           |           | S4        |           |           |           |
|------------|---------------|------------|----------------|----------------------|---------------------|------------------|--------------|-------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|            | 9:00-9:30     | 9:30-10:15 | 3:45-4:45      | 4:45-5:30            | 3:45-4:30           | 4:30-5:15        | 5:15-6:00    | 6:00-6:45   | 3:45-4:30  | 4:30-5:15 | 5:15-6:00 | 6:00-6:45 | 3:45-4:30 | 4:30-5:15 | 5:15-6:00 | 6:00-6:45 |
| Monday     | Dance with me |            | Prejunior      | Ballet Adv1/2        | Eist 08             | Jazz9            |              | Eist 15     |            |           |           |           |           |           |           |           |
|            | Preschool     |            | AcroT/PJ       | Tinies               | Eist6               | Eist 12          |              |             |            |           |           |           |           |           |           |           |
|            | 8:00-8:30     |            | 8:30-9:15      | Eist 10              | Tap9                | Cont9            | 15 Open Jazz |             |            |           |           |           |           |           |           |           |
|            | 9:00-9:30     |            | 9:30-10:15     | 4:00-5:30            | 5:30-6:15           | 6:15-7:00        | 7:00-7:45    |             |            |           |           |           |           |           |           |           |
| Tuesday    | Dance with me |            | Ballet1        | Tap1                 | Ballet3             | Str/Conditioning | Jazz7        | BalletInt   | PointeInt  |           |           |           |           |           |           |           |
|            | Preschool     |            | Hiphop3/4      | Mus3/4               | Tap4                | Tap3             | Open Tap     | Ballet AdvF |            |           |           |           |           |           |           |           |
|            | 9:00-9:30     |            | 9:30-10:15     | Jazz2                | Ballet 2            | Cont1/2          | Ballet4      | Tap8        |            |           |           |           |           |           |           |           |
|            | 8:00-8:30     |            | 8:30-9:15      | 3:45-4:30            | 4:30-5:15           | 5:15-6:00        | 6:00-6:45    | 6:45-7:30   |            |           |           |           |           |           |           |           |
| Wednesday  | Linedancing   |            | Ballet3        | HiphopJnr            | BalletPrimary       | JazzOpen         | ContOpen     | HipHopOpen  | Eist Open  |           |           |           |           |           |           |           |
|            |               |            | TapJunior      | Ballet 4             |                     | Musical J        |              |             |            |           |           |           |           |           |           |           |
|            |               |            | Jazz4          | Jazz3                | Acro3/4             | Cont3/4          |              |             |            |           |           |           |           |           |           |           |
|            |               |            | 3:45-4:30      | 4:30-5:15            | 5:15-6:00           | 6:00-6:45        |              |             |            |           |           |           |           |           |           |           |
| Thursday   |               |            | Prejunior      | BalletIntF           | Jazz Junior         | Hiphop7/ 8/9     | Jazz8        | Ballet AdvF | PointeAdvF |           |           |           |           |           |           |           |
|            |               |            | Tinies         | Acro5/ Acro5/ Acro5  | Ballet5             | Tap 5            |              |             |            |           |           |           |           |           |           |           |
|            |               |            | Ballet Primary | Junior Acro          | Cont7/8             | Jazz 6           | Tap7         | BalletInt   |            |           |           |           |           |           |           |           |
|            |               |            | 3:45-4:30      | 4:30-5:15            | 5:15-6:00           | 6:00-6:45        | 6:45-7:30    | 7:30-8:30   |            |           |           |           |           |           |           |           |
| Friday     | Dance with me |            | Hiphop1/2      | Jazz 1               | Cont5/6             | Tap6             | Jazz5        |             |            |           |           |           |           |           |           |           |
|            | Preschool     |            | Preschool      | Ballet 2             | Tap 2               | Musical1/2       |              |             |            |           |           |           |           |           |           |           |
|            | 9:00-9:30     |            | 9:30-10:15     | 3:45-4:30            | 4:30-5:15           | 5:15-6:00        | 6:00-6:45    |             |            |           |           |           |           |           |           |           |
|            | 8:00-8:30     |            | 8:30-9:15      | Hiphop 5/6           | Ballet1             | Ballet5          | BalletIntF   | PointeIntF  |            |           |           |           |           |           |           |           |
| Saturday   |               |            | Ballet Xtn     | Adv1/2 Ballet        | Extension Eist15/OP |                  |              |             |            |           |           |           |           |           |           |           |
|            |               |            | Tinies         | AcroT/PJ             | SingingT/PJ         |                  |              |             |            |           |           |           |           |           |           |           |
|            | Dance with me |            | Ballet Xtn     | Extension Eist 10/12 |                     |                  |              |             |            |           |           |           |           |           |           |           |
|            | 9:00-9:30     |            | 9:30-10:15     | 8:30-10:15           | 12:00-3:00          |                  |              |             |            |           |           |           |           |           |           |           |
| 8:00-8:30  |               | 8:30-9:15  | Prejunior      |                      |                     |                  |              |             |            |           |           |           |           |           |           |           |
| 9:00-10:00 |               |            |                |                      |                     |                  |              |             |            |           |           |           |           |           |           |           |

School grade guide  
Use colours for dancing level

- Not at school (preschool)
- Prep (tinies)
- GR1 (prejunior)
- GR2 GR3 GR4
- GR5 GR6 YR7
- YR8 YR9 YR10
- YR11 YR12/OP Boys only